NOVEMBER

Counselor's Corner

KCIA

Focus This Month:

As we head into November, our school counseling focus is bullying prevention! This month students will learn how to recognize bullying, show kindness and respect, and take steps to help create a safe and welcoming school environment. Every student deserves to feel safe, included, and valued at school.

What is Bullying?

Bullying happens when someone repeatedly hurts, scares, or leaves another person out on purpose. It can happen through mean words, physical actions, leaving someone out, or online.
Sometimes, kids have disagreements or make mistakes while learning how to get along. Not every unkind action is bullying.

Mean Moments:

Not every disagreement or unkind moment is bullying. Children are still learning how to manage conflict, communicate their feelings, and repair friendships. Adults can help students understand the difference and learn how to respond appropriately.

Contact Information

Contact me at alanyi@kcia.us or call 816.300.2070
Let's work together to make this a season of gratitude and giving!

Be an Upstander!

An upstander takes positive action when they see someone being treated unkindly. Encourage your child to:

- Speak up safely: Say, "That's not kind."
- Include others: Invite someone to join a game or activity.
- Show kindness: Check on someone who seems upset or left out.
- Get help: Tell a trusted adult when someone is being hurt or bullied.

Remember, even small acts of kindness can make a big difference!